

Unit 5

Conversation 1

What time is it?

Are you an early bird (you get up early)?
Are you a night owl (you go to bed late)?

CONSIDER THIS

Getting enough sleep



Research shows that teenagers should sleep about 10 hours per night. For adults, eight hours is enough. When you're over 65, you need only six hours of sleep each night.

- How many hours do you sleep each night?
- What time do you usually wake up on the weekend?



Class CD 1, Track 45

Jade: Who are you calling?
David: I'm calling my sister in Sydney, Australia.
Jade: What time is it there?
David: I'm not sure.
Jade: Well, it's 2 P.M. here, so it's about 12 A.M. there. That's very late.
David: No problem. My sister always goes to bed late.
Jade: Really. What time does she go to bed?
David: Around 2 A.M. She's a real night owl!

Student CD, Track 10

GIVE IT A TRY

1. Telling the time

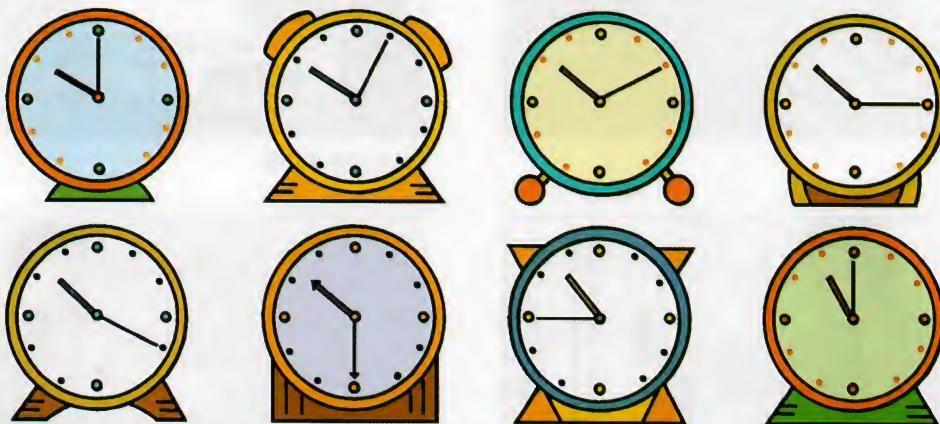
What time is it?

It's ten o'clock.	It's five after ten.	It's ten fifteen.
	It's ten oh five.	It's a quarter after ten.
It's ten thirty.	It's ten forty.	It's ten forty-five.
	It's twenty to eleven.	It's a quarter to eleven.
It's 10 A.M.		It's 10 P.M.

PRACTICE 1

Class CD 1
Track 46

Listen to the example. With a partner, take turns saying these times.



PRACTICE 2

Class CD 1
Track 47

Listen to the example. Take turns asking about these times.



PRACTICE 3

Look at the time in these different places. Ask your partner questions like this:

A: It's 10 A.M. in Tokyo. What time is it in New York?

B: It's 8 P.M.



2. Talking about routines

What time do you get up?	I usually get up at 6:30.
When do you go to bed?	At about 11:30 P.M.
What time does your sister get up?	She gets up at around 5 A.M.
When does she go to bed?	She goes to bed at around 9 P.M.

PRACTICE 1

Class CD 1
Track 48

Listen to the example. Tell your partner about your routine. Compare the times you do these things.



get up



have breakfast



leave home in the morning



get home



have supper



go to bed

PRACTICE 2

Work in groups. Compare your routines. Who are the early birds? Who are the night owls?

A: Jackie is an early bird. She gets up at 5:30 A.M.
B: Peter is a night owl. He goes to bed at 3 A.M.

LISTEN TO THIS

Class CD 1
Track 49

Part 1 Listen to four people talking about their work. Do they like their jobs? Write yes or no.

1. Chris _____ 2. Kayla _____ 3. Tim _____ 4. Celia _____

Part 2 Listen again. When do they start work? When do they finish work? Write the answers in the chart, then compare with a partner.

	Hair stylist	Dog walker	Ticket seller	Ballet teacher
Starts:				
Finishes:				

Part 3 What hours do members of your family work? Does anyone work similar hours to one of the people above? Tell your partner.

LET'S TALK

Part 1 What are you going to do this weekend? Write in the things you plan to do.



Part 2 Now talk to a classmate and ask questions like these.

1. When are you free on Saturday?
2. When is a good time for us to see a movie?
3. When are you free on Sunday?
4. When is a good time for us to (your idea) _____?

Use These Words

go out with friends
study English
go shopping
go to the library
watch TV
sleep in
play sports
see a movie